

## Staffordshire Health and Wellbeing Board – 03 June 2021

### Mental Health Update: Prevention and Strategy

#### Recommendations

The Board is asked to:

- a. Note the content of the below briefing note and presentation (to be tabled at the meeting).

#### Background

1. There will be a presentation to the Staffordshire Health and Wellbeing Board on the 3<sup>rd</sup> June to provide an update on current prevention activities in respect of mental health and plans for the development of a new mental health strategy for Staffordshire.
2. The presentation on mental health prevention will update on:
  - a. Update on impact from pandemic on mental health wellbeing
  - b. Update on current programme of activities including:
    - i. Suicide Prevention programme
    - ii. Let's beat loneliness together campaign
    - iii. Do it to feel good campaign
  - c. Other offers to support people following the pandemic:
    - i. Entitled To
    - ii. Digital inclusion
    - iii. Supportive Communities Programme
3. Update on current position regarding the new mental health strategy including alignment with the Community Mental Health Transformation engagement by the CCG, and new agreed outline timescales.
4. Update on the proposed approach to strategy development in relation to it being public health and prevention inclusive, so it aims to set out a holistic, end to end strategy for people, highlighting links into other relevant strategies, such as children/young people mental health strategy, suicide prevention strategy etc.
5. The presentation will also seek the Board views on how we ensure we engage with the whole health and care system effectively and also that given the strategy is public health and prevention inclusive, how do we reach the wider population and people within communities and not solely patients and service users.

## Contact Details

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