

<b>Staffordshire Health &amp; Wellbeing Board</b>	
<b>Report Title:</b>	Mental Health Update
<b>Date:</b>	6 June 2019
<b>Author:</b>	Vicky Rowley
<b>Board Sponsor:</b>	Dr Richard Harling

## **Recommendation**

1. The Board is asked to:
  - a. Take note of the report for information.

## **Background**

2. The purpose of this paper is to provide members of the Staffordshire Health & Wellbeing Board with an update on recent work that has taken place concerning Parental Mental Health and Suicide Prevention.

### Parental Mental Health

3. In November 2018, a paper was taken to a meeting of the Staffordshire Safeguarding Children's Board (SSCB) concerning the issue of parental mental health. The aim of the paper was to better understand the challenges, gaps and potential improvements which could be made to identify and support adults who are parents with emotional well-being and mental health needs. The paper presented the research that has been carried out jointly by Vicky Rowley (Health & Care) & Liz Mellor (Families & Communities), as well as a series of recommendations for the Board to review and discuss. Those recommendations were as follows:
  - a. To explore the potential to agree a data sharing protocol to obtain a 'whole system view' of parents accessing adult mental health provision.
  - b. Utilise Place Based Approach methods to include prevention being inclusive of all ages, with a focus on whole family solutions and wider population outcomes.
  - c. Improve methods for intelligence gathering of adults who are parents accessing services and identify gaps in improving outcomes for whole family.
  - d. Share greater risk of children in need of protection across whole system and address issues of parents not accessing services
  - e. Start to address cultural change needed across adult and children's services
  - f. Having the right governance and implementation mechanisms in place to achieve change
  - g. (Additional recommendation given by the SSCB) When any new or updated adult health or social care commissioning/procurement activity takes place, a Children's Safeguarding Compact is considered and endorsed by the Chair of FSPB on behalf of the SSCB.
4. These recommendations were supported by the SSCB. Recommended next steps were to take the paper to a meeting of the STP Mental Health Operational Group (which was done in February 2019) as well as to a meeting of the Staffordshire Health & Wellbeing Board.

5. In terms of continuity, it was agreed that the recommendations would be overseen by the Families Strategic Partnership Board.

#### Suicide Prevention Update

6. Towards the end of 2018, public health teams across Staffordshire and Stoke-on-Trent were given the opportunity to bid for funding from NHS England (NHSE), to support delivery of their local suicide prevention plans, with a specific focus on:
  - a. Prevention beyond secondary services: place-based community prevention work - middle-aged men; self-harm; primary care support, and;
  - b. Reduction within services via quality improvement: self-harm care including within acute hospitals; generally, within mental health services
7. A detailed funding application for £300k was submitted to NHSE in January 2019 and we have been advised that the outcome of our application will be communicated to us towards in May 2019.
8. If the funding application is successful, we intend for the funding to support the delivery of the following functions & interventions across Staffordshire and Stoke on Trent:
  - a. Recruitment of dedicated project staff (Manager and Administrator)
  - b. Commissioning of a self-harm management and prevention service (based within Royal Stoke Hospital and, in the community)
  - c. Specific suicide prevention skills and awareness training for clinical and non-clinical professionals as well as community groups
  - d. Delivery of a suicide prevention awareness campaign (designed by experts by experience)
  - e. Development of a co-produced peer communication/community champions approach
  - f. Development of existing mental health care pathways (overseen by the two Staffordshire Mental Health Trusts)
9. The funding would to be used within the financial year 2019/20 and be managed at an STP level. Responsibility for delivery and oversight of the programme of work would sit with the STP Mental Health work-stream, with Chair of the STP Mental Health Operational Group being the accountable officer. Regular updates would be provided to our Staffordshire & Stoke on Trent Suicide Prevention Partnership Group
10. We will continue to monitor local data concerning rates of suicide & self-harm via the Staffordshire Observatory, as well as other contributing data sources including links with local Coroners Offices, Network Rail, Child Death Overview Panel and Section 136 group/Staffordshire Police. This data can help to identify any potential patterns/local issues/frequently-used locations.
11. Across Staffordshire & Stoke on Trent, the public health teams have jointly commissioned an organisation called STORM Skills training CIC, to deliver suicide prevention skills training to GPs, which so far has received very positive feedback. Due to the success of this project, we intend to provide further training opportunities for GPs as well as other practice staff and community groups.

12. A further report will be brought to the Board in the future, to keep members informed of progress.

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**List of Appendices:**

None

**List of Background Papers:**

Parental Mental Health Report, November 2018