

Starting Well, Living Well, Supporting Well.

A Stoke-on-Trent and Staffordshire approach to Children and Young People's Mental Health and Emotional Wellbeing

2018 - 2023



Cannock Chase Clinical Commissioning Group
East Staffordshire Clinical Commissioning Group
North Staffordshire Clinical Commissioning Group
South East Staffordshire and Seisdon Peninsula Clinical Commissioning Group
Stafford and Surrounds Clinical Commissioning Group
Stoke-on-Trent Clinical Commissioning Group

Strategy Development and CAMHS Transformation

- Future In Mind - Promoting, protecting and improving children and young people's mental health and wellbeing (May 2015)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

- The NHS Five Year Forward View Report (2014)

<https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf>

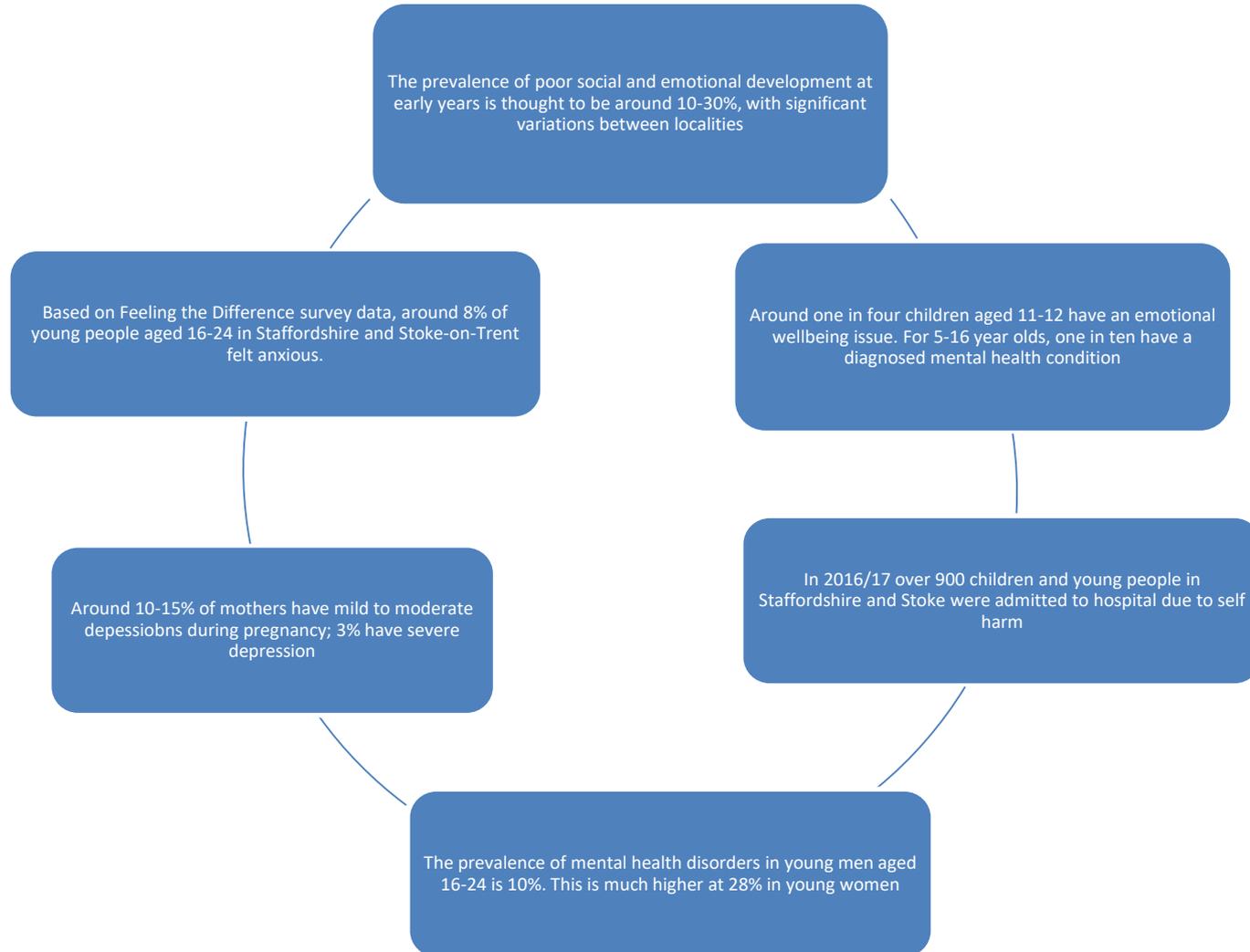
- The Green Paper – Transformation Children and Young People's Mental Health Provision 2017

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/728892/government-response-to-consultation-on-transforming-children-and-young-peoples-mental-health.pdf

outlines changes the government wants to make, which will affect schools and colleges and mental health services, including mental health lead in every school and college by 2025

- Emotional well-being and mental health is a strategic local priority across the sector
- We recognise the issue of emotional health and well-being is rising dramatically across Staffordshire and Stoke-on-Trent

Understanding the need



Principles of change

- Ensure that children and young people's mental health and emotional wellbeing is recognised as a priority within strategic plans and in our partners' organisational structures;
- Have collaborative commissioning arrangements in place, supported by aligned and pooled budgets where appropriate, making best use of our collective resources;
- Ensure that all commissioning decisions are informed by a robust assessment of need;
- Be transparent about what is invested in local services and the outcomes delivered;
- Participate fully in the developing and implementing the National Minimum Dataset and new outcome measures, for commissioned provision;
- Be transparent about what is invested in local services and how this investment has been used;
- Recognise and act on opportunities to influence local and national policy to the benefit of children and young people and their families.

Priorities for the next 5 years

- Strive to raise awareness of the importance of good mental health for children, young people, families, carers and communities;
- Work together to build strength and resilience and reduce exposure to risks of poor physical and mental health in whichever way we can;
- Invest in services which support children and young people at the very earliest stage to prevent their needs escalating and to reduce the social, health and economic costs associated with poor health and wellbeing;
- Identify those children and young people who are at higher risk of mental health problems, working to support them and their families in an integrated, holistic way to keep them safe and minimise risks.

Questions and Answers