



Cabinet Meeting on Wednesday 21 November 2018

Pan Staffordshire Approach to Children and Young People's Emotional Wellbeing and Mental Health

Cllr Mark Sutton, Cabinet Member for Children and Young People said,

“Promoting good mental health and helping young people who are experiencing issues with their emotional wellbeing is key to ensuring they can move into adulthood successfully. Children and young people with good emotional health are better able to learn, participate and achieve their potential. We also recognise that positive mental health is an important factor in enjoying good physical health.

“By supporting young people to get the right help at the right time and working with our partners to raise awareness and address their needs, we can ensure that any experience of poor emotional wellbeing and mental health will not have a detrimental effect on their future.”

Report Summary:

Across Staffordshire and Stoke-On-Trent there is a population of 225,000 children and young people. We know through the Future in Mind (2014) paper 40% of young people experience at least one mental health disorder by 16 years old and the outcomes for these young people for the future and into adulthood are less positive. We recognise the issue of emotional health and well-being is rising locally and therefore believe it is time to review, update and modernise our approach.

Recommendation(s)

I recommend that Cabinet:

- a. Acknowledges the aspiration outlined in this approach.
- b. Acts as champions to raise awareness of the impact of poor emotional wellbeing and mental health.
- c. Endorses the partnership approach in addressing these needs.

Local Members Interest
N/A

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Recommendations of the Cabinet Member for Children and Young People

I recommend that Cabinet:

- a. Acknowledges the aspiration outlined in this approach.
- b. Acts as champions to raise awareness of the impact of poor emotional wellbeing and mental health.
- c. Endorses the partnership approach in addressing these needs.

Report of the Deputy Chief Executive and Director for Families and Communities

Reasons for Recommendations:

1. Across Staffordshire and Stoke-On-Trent there is a population of 225,000 children and young people. We know through the Future in Mind (2014) paper 40% of young people experience at least one mental health disorder by 16 years old and the outcomes for these young people for the future and into adulthood are less positive. We recognise the issue of emotional health and well-being is rising locally and therefore believe it is time to review, update and modernise our approach.
2. The Stoke-on-Trent and Staffordshire Approach to Children and Young People's Emotional Well-Being and Mental Health 2018 – 2023 supported by the Local Transformation Plan (LTP) sets the national and local context and the strategic vision for the future. The principles which underpin the change are outlined below:
 - a. Ensure that children and young people's mental health and emotional wellbeing is recognised as a priority within strategic plans and in our partners' organisational structures;
 - b. Have collaborative commissioning arrangements in place, supported by aligned and pooled budgets where appropriate, making best use of our collective resources;
 - c. Ensure that all commissioning decisions are informed by a robust assessment of need;
 - d. Participate fully in developing and implementing the National Minimum Dataset across commissioned provision and the new outcome measures;
 - e. Be transparent about what is invested in local services and the outcomes delivered;

- f. Recognise and act on opportunities to influence local and national policy to the benefit of children and young people and their families.

List of Background Documents:

Appendix A – A Stoke-on-Trent and Staffordshire Approach to Children and Young People’s Mental Health and Emotional Wellbeing

Appendix B – Strategy Presentation

Appendix C – Staffordshire and Stoke-on-Trent Local Transformation Plan (LTP) for Children and Young People’s Mental Health

Report Commissioner:

Name and Job Title: Liz Mellor, Children’s Commissioning Development Manager

Telephone No: 07870 179012

E-Mail Address: Elizabeth.mellor2@staffordshire.gov.uk